

CMS COVID Guidance V4.0 25th April 2022

- 1. The CMS remains fully open. Some precautionary behaviours including recommendations for face coverings and social distancing between individuals remain. This assessment will be subject to regular and frequent re-evaluation.
- The University's Safety Office has provided new guidance for 'Preventing communicable disease transmission and creating a healthy workplace'. This guidance recognises that while the Government's specific COVID legislation has now been revoked, the risk of infectious disease spread within the workplace still exists and some good practice initiatives should still be considered. (www.safety.admin.cam.ac.uk/system/files/hsd097m.pdf)

Face Coverings

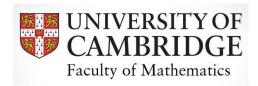
- 3. While no longer a legal requirement, it is RECOMMENDED that face-coverings are still worn by students in all teaching settings (except where exemptions apply). Individuals will respond to the removal of all government restrictions in different ways. As some may have higher risk of becoming unwell, this recommendation aims to reduce COVID transmission as well as demonstrating consideration for all CMS users. This applies in lecture theatres both offsite (Babbage and Cockcroft theatres) as well as in CMS lecture rooms
- 4. The use of face coverings is **recommended** for all categories of staff and students when moving around indoors at CMS, but particularly in crowded situations where social distancing may not be possible.

CMS attendance

- 5. You should NOT come into the CMS when presenting symptoms of respiratory infections, and particularly when experiencing a high temperature. Staff should work from home if they are able and feel well enough to do so, or take time off to recover fully before returning to the workplace.
- 6. Do **NOT** come into the CMS for five days if you have tested positive for COVID. You can work/study from home if and when you feel well enough to do so.
- 7. There is no longer any requirement for the University to test regularly for COVID, and the symptomatic testing pods are no longer operating.
- 8. If you have respiratory symptoms you no longer need to let the University know. However, if you are a student and need help to avoid contact with others, you should let your College know. The COVID Helpdesk, now renamed the Communicable Disease Helpdesk, will remain open to advise staff and students (and can be emailed on covid-helpdesk@admin.cam.ac.uk).

Ventilation

- 9. There are no restrictions on office sharing and it is now permissible to leave office doors open.
- 10. You are strongly encouraged to open windows and office vents, especially as we move into warmer weather, to improve ventilation.
- 11. The Central Core will remain well ventilated and the desk configuration will be modified to increase the number of desks. Supervision stations will be maintained and available for booking in Easter Term.
- 12. All blackboard and whiteboards in common areas can be used. Measures have been taken to improve the ventilation in common rooms and the installed CO₂ monitors, with visual indicators, will remain in place.



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Social Distancing

- 13. We encourage all those at CMS to still maintain social distancing where reasonably possible.
- 14. The restriction for students to only use the main staircase for going down to lecture rooms has been removed.
- 15. More conferences are now scheduled to be held in the CMS, so the Central Core will be used for participant lunch and refreshment breaks as well as supervisions and the CMS Happy Hour on Fridays. Please note: all larger gatherings should be planned with a degree of social distancing.
- 16. Visitors are allowed on site, but hosts are responsible for making visitors aware of this guidance.

Hygiene

- 17. Hand sanitiser and wipes will be still be provided to enable individuals to sanitise their seating area/desk before and after use in meeting rooms and when using kettles, microwaves, fridges and taps in the common rooms
- 18. CMS users should continue to wash their hands regularly

Further Information

19. Further information can be found via the Government guidance on living safely with COVID-19 and other respiratory infections and on reducing the spread of respiratory infections in the workplace.